



INTRO TO T-YEAR OSCES

Study Hub OSCE
Sessions – INTRO SERIES

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Intro to OSCE Sessions:

- What is an OSCE?
- What are they looking for in my year group?
- How to best prepare?
- Examples of stations to talk through
- Top tips
- Questions at the end

Structure

- 12 x 10 min stations over 2 days
- Performance in each station graded A, C or U
- Global ratings

Domains of Assessment

- Approach the patient
- Clinical content
- Clinical communication
- Procedure/data interpretation/physical examination
 - can be more than one!
- Any information giving
- Relationship with patient
- Professionalism

What can come up?

- Examinations
- History taking
- Procedures
- Data interpretation &/or explanation
- Information giving
- Can be mix of more than one in a station!
- Don't rely on getting titles before the exam, vague

General Tips

- Practice, practice, practice
- Act confident
- Never forget the patient
- Dress professionally but comfortably
- Read the brief carefully
- Wash your hands TWICE
- Beware of time

Introduction

- Short and sweet
- Your name/role
- Their details
- Let them know what will happen
- Their consent, i.e. are you okay for me to proceed?
- Wash hands!

- Intimate examinations

Examinations

- Practice, practice, practice
- Ask if in any pain
- Inspection
- Palpation
- Percussion
- Auscultation
- May need to summarise at end
- Questioned on differentials and investigations

Histories

- Intro
- PC
- Hx PC
- Relevant systems review
- PMx/PSHx
- DHx (allergies, OTC)
- FHx
- SHx
- ICE (wherever you want)
- Conclude

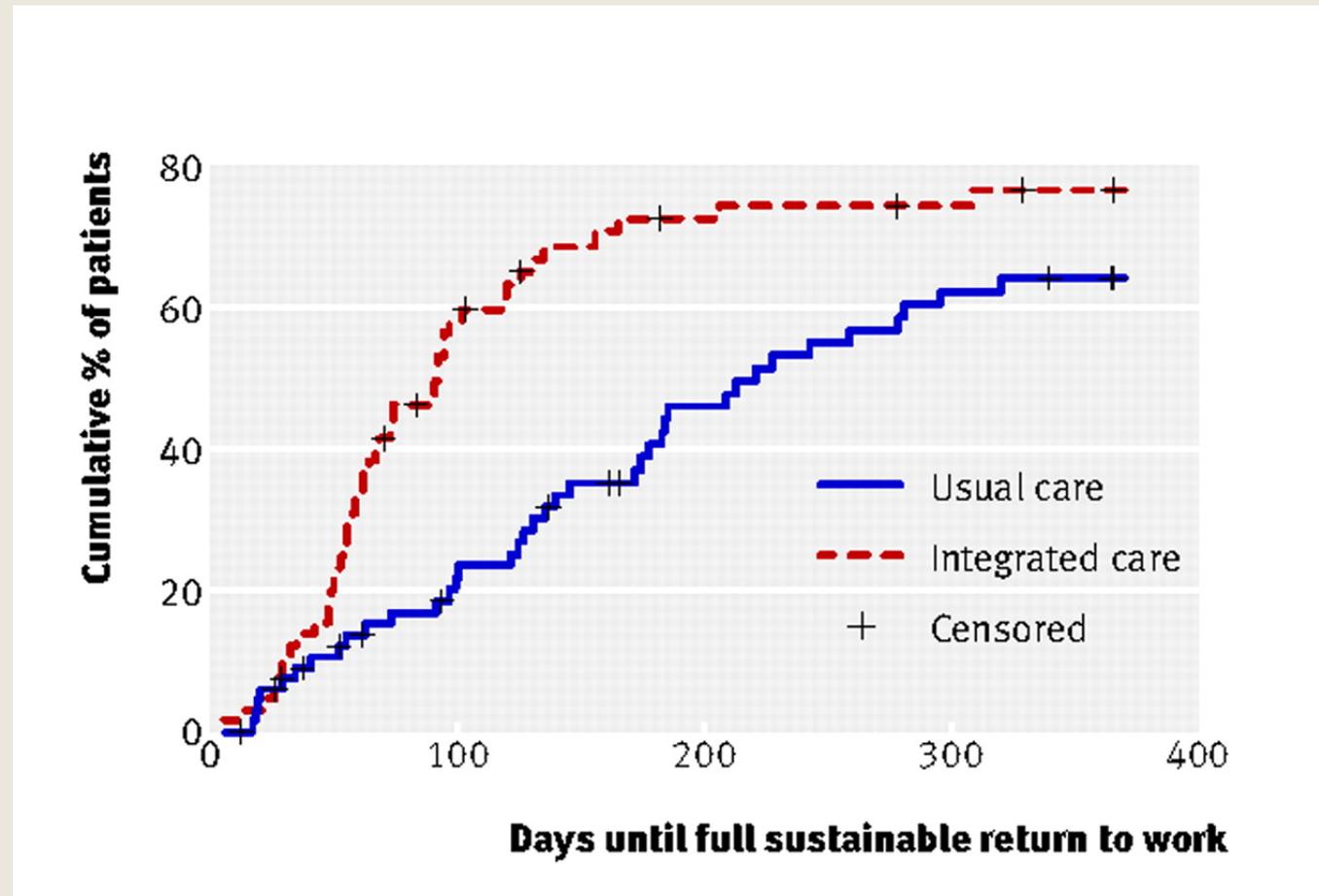
Histories

- Open questions
- ICE!
- Summaries can help you, the patient and the examiner
- Pausing is okay
- Be safe

Info Giving

- Open questions
- Their story so far
- ICE + what they want to find out
- Signposting
- Chunk + check
- Summarise
- Leaflet
- Follow up

Case 1: Kaplan-Meier Survival Curves



Case 2: Motivational Interviewing

- Intro: their agenda vs yours. Confidentiality
- Brief focused history
- Zone in on behaviour
- Assess severity of behaviour
- Key question
- Assist: table pros and cons
- Advise solutions tailored to the patient
- Key question
- ICE
- Conclude, leaflets

Key Question:

How much a) motivation b) confidence do you have in **reducing** [the behaviour] on a scale of 1-10? What stopped you from saying 1 above and 1 below?

Motivational Interviewing Table

Pros of continuing behaviour	Cons of continuing behaviour
Pros of stopping behaviour	Cons of stopping behaviour

Revision resources

- SGUL Clinical skills books from earlier years
- Geeky medics clinical cases & examination videos
- OSCE stop notes
- OSCE Cases with Mark Schemes book (library)
- Wards!

Thank you!

- Questions?