

# Disability and Race

### **Redefining Practice**

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### Disability

- As defined in the Equality Act 2010....
- A **physical** or **mental** health condition that has a **substantial** and **long term adverse** effect on your ability to do normal daily activities

How many people live with

disability around the world?

• Can be visible or 'invisible'

# How common IS disability around the world?

- A. 250 million
- B. 1 billion
- C. 11 million
- D. 2.5 billion

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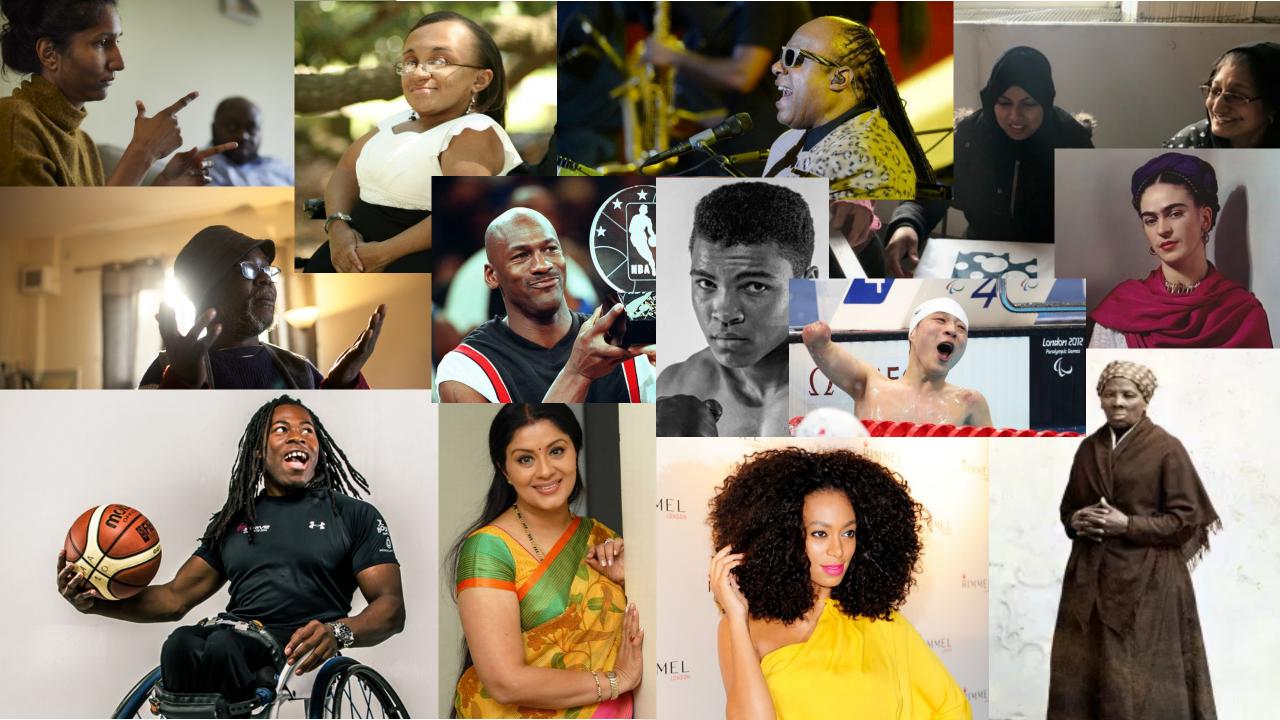
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8 inspirational people with disabilities

- Frida Kahlo. Frida suffered polio during her childhood and, according to some sources, also had spina bifida, which caused dysmetria in her right leg. ...
- John Nash. ...
- Stephen Hawking. ...
- Nick Vujicic. ...
- Andrea Boccelli. ...
- Michael J. ...



# What we will discuss today

- The unique barriers people with disability face
- How these barriers are compounded for BAME disabled people
- What ableism is and how we can reduce it
- Solutions How we can 'redefine practice' and advocate for our patients living with disabilities

### Barriers

- Poverty
- Employment
- Education
- Abuse

### All of them!

Sandra Bland, Eric Garner, Freddie Gray: the toll of police violence on disabled Americans

More than a third of Americans killed by police have a disability. It's time to listen to black and disabled activists



### Barriers





# Social and Cultural factors

- Stigma around disability
- Language barriers/Lack of information - Deaf
- Racism
- Mistrust
- Lack of representation



- Know what services to signpost our BAME disabled patients to
- "I put off asking for help for a long time because I did not realise that my GP could refer me to support that matches my communication needs."

### Look for how you can make the environment less disabling



- A physical or mental health condition that has a substantial and long term adverse effect on your ability to do normal daily activities
- Can be visible or 'invisible'

Disability

 How many people live with disability around the world?

### Accurate and prompt diagnosis

 Increased funding for community services

 Educate ourselves and others on non-disabled privilege and white privilege



## Thank you

#### References

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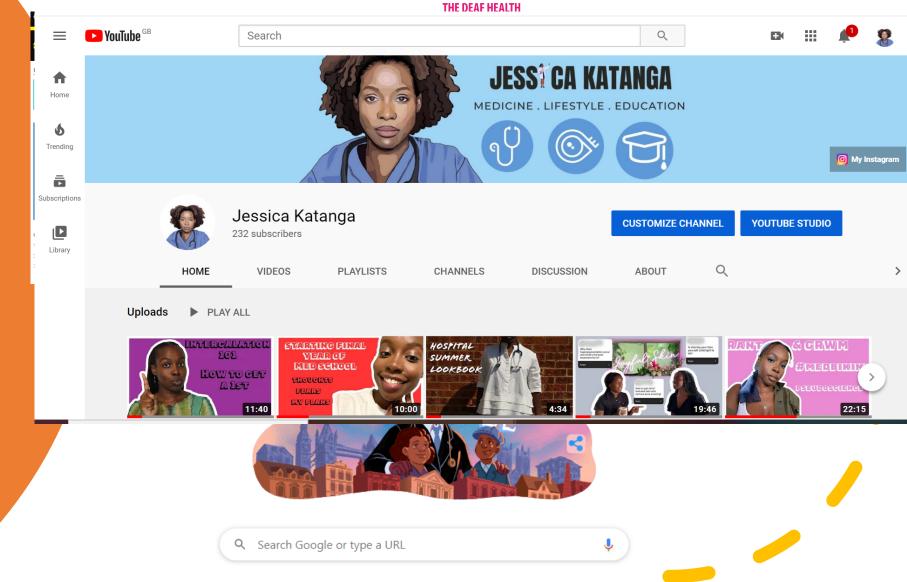
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- 8. https://signhealth.org.uk/resources/report-sick-of-it/
- 9. https://www.st-andrews.ac.uk/hr/edi/disability/facts/

## Thank you



#### If you'd like to learn more...

# Any Questions?



Thank you

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